

# 2009 Baltimore Area Council Pow Wow

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## Den Leader 101

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## Thinking Like a Cub Scout Leader

Thinking Like a Cub Scout Leader--What exactly does the statement "Thinking like a Cub Scout Leader" mean? It is not only planning a weekly den meeting and having games and crafts with a bunch of 7 - 10 year olds. It is much more than that. To help you get started with this new way of thinking, you first need to build a foundation. Get the "Fast Start Tape" from your district/council or Unit Commissioner and watch it. Our district is offering a night that you can get together with trainers and other leaders to watch Fast Start at the Scout Office.

So, what's next? Basic Cub Leader training is your next step in having a great program for your scouts, after learning the Aims, Purposes, Methods and expectations of how to run a successful den/pack, it's time to apply your new knowledge. Remember: Scouting is Fun with a purpose. You will remember from your training that one of the methods used is advancement. Suppose you are working on Achievement 8 in the Wolf Book. You can use a simple recipe like the pancake recipe found at the Fun Foods area of the Bugle. Provide your parents with the pancake recipe to allow their Cubs to make breakfast. After making the pancakes, and cleaning up after their breakfast, voila, requirement 8D is done. And go ahead and have your families plan and make a Chuckwagon dinner, Requirement 8E--Done!

Other fun ways to approach achievements are field trips. The United States Post Office offers many attractive, interesting stamps. Right now there is an American Bobcat stamp that costs \$2.00. Call your local Postmaster or Station Manager and set up a tour of the facility for your Cubs. (Yay, field trip!!) Be sure to tell the person setting up the tour that you would like information from your guide on stamp collecting. Potentially, you are meeting Requirement 6A. Not all Cubs will be interested in collecting stamps, though, so be sure to offer opportunities for other items to collect.

When my boys were Bears, each month one was assigned various duties. These duties worked perfectly with certain requirements. For instance, each month a Bear needed to make and bring cookies for snack at our meeting--Requirement 9B. With the Blond Brownie recipe (see Fun Foods) Bears can make these and earn Requirement 9F. When our son worked on this one he used a box mix of brownies. The brownies turned out to be flat and hard, not even close to brownies. Remembering Requirement 17E, he wrote the company explaining that even though he followed the recipe (Mom was watching) the brownies were inedible. The company responded by sending him additional coupons with a letter as to what might have happened during his attempt at making brownies. Even though he was disappointed in his first brownie making attempt, the letter from that company excited him and made that baking experience positive; the coupons for the brownies excited me!

During Committee Meetings for your pack/unit, volunteer your den to do an opening flag ceremony, skit, song or closing. Going through the rank books, you will find different ways to meet achievements. Advancement is just one of the methods used in our program. Other equally important methods are learned through training.

Be sure to communicate to the families of your Cubs on ways to help their sons earn achievements. Being trained, using your resources i.e., Roundtable, Scouting Magazine and its program helps, the Wolf, Bear and Webelos rank books are all resources that should be used to learn How To Think Like A Cub Scout Leader. Above all, remember when delivering the program to your Cub Scouts to **KISMIF** (Keep It Simple, Make It Fun).

## *Hints and Tips For New Cub Scout Leaders*

1. **Plan your meetings** far enough ahead to allow time to gather materials needed. Set goals that you want to accomplish during the year. Outline your program for the year and plan ahead to involve as many people as possible. Plan each meeting ahead of time. You might find it valuable to plan next weeks meeting after just completing a meeting.
2. **Always have a plan B**, each group will be different and activities that thrilled one den may bore another, and when they get bored they get rowdy. If they are showing signs of boredom drop the activity and go to plan B and you will rarely have discipline problems. If you plan an outdoor activity, always have an indoor alternate planned.
3. **Transitions** from one activity to the next are easiest if the meeting is planned so that the next activity is always preferred to the current one. For example we begin with opening ceremonies that reinforce the values of Scouting (boring) then go to advancement activities (less boring but not as much fun as games which come next), after games we go to snack time (they are always willing to stop what they are doing for snack!). I use the fact that they have their hands full and their mouths full as the best opportunity for announcements and reminders. Their parents are beginning to show up, and it doesn't hurt that parents are also hearing the announcements and reminders; it also helps to keep those impatient parents from grabbing the Cub and leaving before the closing ceremony, since they intuitively understand that they should not take their child away during announcements.
4. **Don't try to carry the entire load yourself.** In Tiger, Wolf and Bear dens the family unit is central to the forming of the Cub Scout and activities revolved around the family unit. Get other parents involved. Help them realize it is their program and then depend on them to lend expertise on aspects of the program. Invite them to attend by determining their interests and using them.
5. **Leadership is developed and learned.** You can become an effective Cub Scout Leader if you will prepare yourself and take the time to learn. Remember to be flexible in your planning. There are no set answers to handling boys. Don't be afraid to experiment.
6. **Get trained!** Start out with the Cub Scout Den Leader Fast Start video. It is very short and enjoyable to watch. After you get settled in, attend the Cub Scout Den Leader Basic Training at your District. It is the best place to go to learn your Cub Scouting fundamentals.
7. **Understand the Cub Scout program** so you can help the boys grow throughout the program. There is a lot of resources available to help you. One of your best resources is the monthly district Cub Leader Roundtable, where you can exchange ideas with other Cub Scout Leaders.
8. **Do your best, and, above all, have fun!**

# 10 COMMANDMENTS OF DEN CONTROL

1. **Regularly use the Cub Scout Ideals:** the Motto, the Promise and Law of the Pack, in ceremonies, and as a guide to conduct. You must set the example.
2. **Use Den Rules.** Start using them immediately. Boys need to know what is expected of them. Make sure both boys and parents know what the rules are.
3. **Make uniforms important.** Have regular uniform inspections and instill pride in wearing their uniforms. Boys behave differently when they dress up.
4. **Be firm, fair and consistent.** They will test you from time to time to make sure that you really mean it.
5. **Use positive incentives.** When the conduct candle burns down or the marble jar is full, give them the special party or outing you promised.
6. **Make each boy feel special.** Use warm greetings, compliments, words of praise, and fond farewells, liberally for each boy. Make them feel appreciated and wanted.
7. **Boys must have input to rules.** If you want them to cooperate they should feel that they have some control of how the den operates. You empower them and teach responsibility when they help set the rules.
8. **Den programs must be full of short, fun activities.** Boys at this age are active and quickly become bored or frustrated. Long talking sessions and complicated craft projects make it difficult to keep control of the meeting.
9. **Use lots of help.** From time to time, boys require individual attention. They will need help encouragement, reassurance, and advice or just want to tell you something important. You can't give them that attention if you're doing it alone.
10. **Get to know each boy.** Every boy in your den is a unique individual with his own dreams, fears, and sense of humor. He needs to know that you care about him.

## Someone Else Died

We were saddened to learn of the death of one of our most valuable members, Someone Else.

Someone's passing creates a vacancy that will be difficult to fill. He had been with us for years and for every one of those years, Someone did far more than a normal person's share of the work. Whenever leadership was mentioned, we looked to this wonderful person for inspiration as well as results: "Someone else can do that job." When there was a job to do, a need to be filled, or a place of leadership, one name always mentioned was Someone Else.

It is common knowledge that Someone Else was among the largest givers of time and money in the pack.

Whenever there was a financial need, everyone assumed that Someone Else would make up the difference.

Now Someone Else is gone. We wonder what we are going to do. No longer can we say, "Let Someone Else do it." If it is going to be done, one of us will have to do it.

## Campfire Lighting/Opening

(This can be used at a real campfire or inside with an artificial fire)

- 1<sup>st</sup> Cub:** (as fire is lighted) The early cavemen used fire to protect themselves from wild beasts and to warm their bodies.
- 2<sup>nd</sup> Cub:** In ancient times, the Phoenicians used fire on mountain tops or high pillars as beacons for their ships.
- 3<sup>rd</sup> Cub:** The American Indian used fires to hollow logs for their canoes, to fire pottery and for ceremonies.
- 4<sup>th</sup> Cub:** The pioneer used fire to forge rims for his wagon wheels. The silhouette of a village smithy against his fire was a common sight in early America.
- 5<sup>th</sup> Cub:** Prospectors of the old west sat around the campfire with a pot of coffee and beans. They would share their stories and dreams of striking it rich in the hills of California.
- 6<sup>th</sup> Cub:** Fire today makes the wheels of industry run. You could say fire has put men on the moon.
- 7<sup>th</sup> Cub:** Fire is the universal symbol of Scout camping. The fellowship around the campfire is one of the most lasting memories in the life of a Scout. In a short time, our Webelos Scouts will have an opportunity to participate in a Scout campfire. All Cub Scouts have this to look forward to. If every Scout troop in the world had a campfire such as this tonight, the glow would light the world with a new hope for mankind.

# RECOGNITION FOR UNIT LEADER

## Leader Induction Ceremony

**Props:** 5 candles, candle board with two holes in top and three holes in bottom

**Committee Chairperson:** “Before you is a ceremony board that has five candles in it. The top two, like the alert ears of a Wolf, represent the two upright fingers of the Cub Scout sign. They mean to OBEY and TO HELP OTHER PEOPLE. The three candles at the bottom represent the folded fingers of our Cub Scout sign. These three fingers stand for the three secret letters in our law: F--H--G. These letters mean FOLLOWS, HELPS, GIVES. They also mean FAIR, HAPPY, GAME, and, finally, they can remind us of something each Cub Scout respects: FREEDOM, HOME and GOD.

All of our leaders want to do their best to teach Cub Scouts to learn to follow, to help, to give, to be fair and happy, whatever the game might be, and to respect their freedom, home and God.

Will the new leaders please come forward? Please repeat after me:

I, \_\_\_\_\_, promise to do my best, to help the Cub Scouts in my den and in my Pack to do their best, to help other people, and to do their duty to God and their country, and to obey the Law of the Pack.

As Chairperson of Pack \_\_\_\_\_, I take pleasure in presenting to you your registration cards and badges of office and personally welcome you into active leadership in Cub Scouting. May the days ahead be happy, great and fair.

## ADVANCEMENT CEREMONIES

### Den Achievement Ceremony

This ceremony was written to be used with your den doodle or it can be adapted to use the Den Achievement Wall Chart.

**Personnel:** Den leader (DL), Assistant den leader (ADL), Den Chief (DC)

**Equipment:** Den doodle and doodles to be presented, or achievement chart and special marker.

**Setting:** Set up the den doodle in a convenient place in the meeting place where all can see it. Have boys stand facing the den doodle in a circle around it or in a semi-circle or line facing it. The doodle to be presented could be in the form of an object from the current monthly theme.

**DL:** We have a boy (or boys) today who is ready to add another achievement doodle to his string on the den doodle. He has been working hard and passed off another achievement in working toward his (Wolf/Bear) badge.

**ADL:** (Hands it to the boy as he comes forward and faces the other den members.)  
Congratulations (name), you're doing fine work on your achievements. Keep up the good work.

**DL:** Okay, fellas, while (name) is adding his doodle to his string on our den doodle, our Den Chief is going to lead us in our Den Achievement Pledge.

**DC:** (Have the pledge on a poster for the boys to read or teach the pledge ahead of time to be used at other achievement ceremonies.) Let's all give the Cub Scout sign and repeat with me.

We the boys of Den \_\_\_\_\_,  
Promise to do our best,  
To keep working on our achievements,  
And to make our den stand out from all the rest.

**DL:** Now that (name) has added his new achievement doodle to our den doodle, let's all give him \_\_\_\_\_ big Hows. (Match the number of Hows to the number of achievement doodles added or number of boys adding doodles.)

[This simple ceremony could be changed for variety and sometimes the boys could give their den yell in place of the achievement pledge, or an appropriate song.]

## ADVANCEMENT CEREMONY

### **The Lost Dutchman Mine**

**Props:** Large appliance box made to look like an entrance to the Lost Dutchman Mine. Paint a sign over the entrance. Inside are the badges, wrapped in gold foil gift wrapped and taped with their names. The Cubmaster wears an old prospector's hat or prospector's costume to add to the atmosphere.

**Cubmaster:** Since our last pack meeting, several Cub Scouts have been working hard. They have been following the Bobcat Trail. They have hit pay dirt! Will the following Cubs and their parents please come forward? (name the boys) You have finally hit pay dirt. Will you go into the Lost Dutchman Mine and bring out your gold nuggets? (One at a time, the Cubs go into the mine.) Now, give the nugget to your parents. They will present the badge and pin it on you.

**Cubmaster:** (After pinning is completed) That was real hard work. Now, demonstrate to the Pack that you are worthy of receiving this badge by leading the pack in the Cub Scout Promise. (They do) Congratulations, Bobcats! (Boys and parents return to seats)

**Cubmaster:** Tonight, we have some members of our Pack who have completed all 12 achievements to earn the Wolf badge. Will the following boys and their parents please come up? (Name the boys) You boys have completed the Wolf Badge requirements and are ready to go into the Lost Dutchman Mine to get your pay dirt. Please do so. I am pleased to present this award to your parents because they were always by your side when you got discouraged. Congratulations. (Boys and parents return to seats)

(Use the same procedure for the Bear and Webelos badges)

## DENNER INSTALLATIONS

Select a denner by drawing straws, alphabetically, or by whatever arrangement is customary in your den. If you have both Wolves and Bears, you may want to let the Bears be first so they can achieve the section on being a leader. Install the denner and his assistant (if any) immediately.

### **Denner Installation #1**

**Personnel:** Den leader (DL), Den Chief (DC)

**Equipment:** Table, large candle, matches

**Setting:** The den leader or the Den Chief leads the new Denner to a table with the large candle.

**DC:** (Name of boy) has been selected Denner of Den (number). It is your job to call roll call, bring refreshments, and help clean up after meetings this month. (Adjust to fit duties and time period in your den.) Will you accept this responsibility?

**Denner:** I will do my best.

**Den Chief:** I will light this candle to symbolize the on-going Spirit of Scouting. Cubs, let us join together in saying the Cub Scout Promise to show our support for Cub Scouting and our new Denner.

### **Denner Installation #2**

**Personnel:** Den leader (DL), (DC) Den Chief

**Equipment:** Table, den diary (if desired), white candle in holder, denner cord

**Setting:** Den leader or Den Chief can perform installation. Assistant denner could be installed at the same time.

**DL:** (Name of boy), please step forward. (Lights candle) Before you burn the white candle which represents the Spirit of Cub Scouting. It takes a team to keep the spirit alive and to keep the candle burning. You have just been elected to be a member of that team. As Denner, (list the Denner's responsibilities). During the week, will you set a good example for the other members of our den, by being honest, fair, and showing true Cub Scout Spirit.

**Denner:** I do.

**DC:** I'm happy to present you with the denner cord, which is to be worn on your right sleeve during your term of office. Wear it proudly and with honor. Congratulations!

### **Jump the River**

Two parallel lines are drawn (12" apart) to represent the river. The players line up on one side and run in a group to jump across the river. Then they turn around and come back across the river with a standing jump. Then a new line is drawn to make the river wider and the players jump again. After each round, a new line is drawn, making the river wider and wider. Anyone who falls in the river by landing between the two lines is out of the game. The game continues until just one boy is left.

### **California Gold Rush**

**Material:**

A wagon for each team

Gold-painted rocks (size of a sugar cube and one for each boy on the team)

Prepare a wagon for each team. Use a box large enough for a Cub Scout to ride in and with sides low enough for the boy to get in and out of. Fasten several ropes to one end of the box so that the "horse team" can pull the wagon. This event is done on a smooth floor so that three or four Cub Scouts can pull the wagon and "driver". Also prepare the "gold" which will be in bags or piles at the goal line.

To begin the Gold Rush, each wagon driver has his wagon on the straight line with his team standing in front of it holding his or her ropes. At the start signal, the driver must get into the wagon, then signal for the horses to run. The first wagon team to get to the goal line, pick up the gold and return to the starting line is the winning team. To get the gold, the driver must get out of the wagon, pick up the gold and get back into the wagon before it can start the trip back.

At the finish line, the driver must get out of the wagon and run behind it over the finish line.

Make gold nuggets by spraying gold lacquer on stones about the size of a sugar cube. Each piece could be a souvenir for the driver and each horse.

## *Emergency Games Box*

Over the years this has proved to be a real blessing. My box is a small plastic toolbox. In this box I have an assortment of bits and pieces with which I can make up games and other activities at very short notice. Listed below is a list of items that you could put together to make a similar emergency games box.

- A large bag of elastic bands (rubber bands).
- Boxes of chalk, white and colored.
- 4 candles or night lights
- Boxes of safety matches or
- Popsicle sticks
- Small soft ball for indoor relays
- Ball point pens.
- Markers or felt tip pens.
- Short lengths of soft white rope with the ends whipped for knotting games.
- Round balloons and
- long balloons
- Pipe cleaners.
- A reel of cotton string for making trip lines for minefields or spider webs
- Roll of sticky tape,
- Blu-Tak or similar for sticking things to walls.
- A couple of large dice.
- Blank cards or small sheets of paper for writing instructions.
- Box of thumb tacks or drawing pins.
- A small flashlight with spare bulb and rechargeable batteries.
- 4 small pairs of scissors.
- A pack of playing cards.
- A packet of Alka-Seltzer tablets or similar for the Leader
- Various whistles and noise makers.
- Paper clips
- Safety pins
- 4 triangular bandages
- 4 orange plastic 'Track cones' (highway departments also use these) or use
- 2 liter bottles
- An assortment of balls (soccer, basket, Nerf football, etc)
- Cloth strips in 3 colors -- 25 strips (each) are 3 inches wide and 18 inches long (great for arm bands or blindfolds). 5 strips are 6 inches wide, with an overhand knot in the middle (great for 'Bacon', or 'Capture' flags)

List of **GAMES THAT WORK IN MY DEN** that each den leader knows

*REMEMBER in any game you play  
Keep It Simple Make It Fun Make It Safe*

## **SKITS**

### **The Oldest Settler**

This is a very simple skit, almost an elongated run-on!

**Cub 1:** Who's the oldest settler in the west!

**Cub 2:** Death Valley Scout?

**Cub 1:** Nope.

**Cub 3:** Buffalo Bill?

**Cub 1:** Nope.

**Cub 4:** Daniel Rodney.

**Cub 1:** Nope.

**Cub 2, 3 and 4:** We give up, who's the oldest settler in the west?

**Cub 1:** The sun!

**Three Rivers**

**Players:** A prospector, two tired hikers, and a "dog"

**Scene:** An old prospector seated around his campfire eating dinner. First tired hiker walks up to campfire.

**1<sup>st</sup> Hiker:** "Hey Old Timer. That grub smells mighty good; would you happen to have any extra to spare?"

**Prospector:** "Sure sonny; hand me that empty plate over there and I'll fix you right up."

**1<sup>st</sup> Hiker:** "Gee, this plate looks kinda dirty."

**Prospector:** "Dirty? That plate's not dirty, it's as clean as Three Rivers can get it." Prospector dishes up food; hiker shrugs and eats.

**1<sup>st</sup> Hiker:** "Well, thanks for the grub. I've got to be moving on."

**2<sup>nd</sup> Hiker:** "Boy, I've been hiking for miles and I sure am hungry. Would you have any of that great stew to share?"

**Prospector:** "You bet. Hand me that bowl over there and I'll fill it for you."

**2<sup>nd</sup> Hiker:** (makes a face as he looks at the bowl): "This bowl seems pretty dirty to me. Do you have a cleaner one?"

**Prospector:** "Dirty? Why, that bowl is as clean as Three Rivers can get it!" Prospector dishes up the food, hiker shrugs and eats it.

**2<sup>nd</sup> Hiker:** "I've got to be going, but thanks for the food."

**2<sup>nd</sup> Hiker** leaves and prospector finishes eating.

**Prospector:** "Well, that was mighty good grub. Now time to clean these dishes." (he puts dishes on ground and whistles.) "Three Rivers! Three Rivers!!"

(Big dog comes running and starts licking the plates.)

"Good doggie, Three Rivers."

## CLOSING CEREMONY

### U Are Important

**Cub 1:** We cannot spell: C B S C O T S without U

**Cub 2:** We cannot spell Y O T H without U

**Cub 3:** We cannot spell A D L T without U

**Cub 4:** We cannot spell S C C E S S without U

**Cub 5:** We cannot spell F N without U

**Cub 6:** We cannot spell O T D O O R S without U

**All:** Clearly Scouting needs U!

### Campfire Closing

(Give each person a sprig of dried cedar, pine, juniper, etc. If using an artificial campfire indoors, use toothpicks.)

**Cubmaster:** The light from hundreds of campfires around the world has brightened the Cub Scout spirit for many years. Tonight, we have enjoyed the warmth and cheerfulness of our campfire as one Cub Scout family. As the campfire dims, its glowing embers are reminders of the fun and fellowship we have shared. I ask that you now walk slowly past our campfire in silence, throw your twig upon the embers, and think of what Cub Scouting means to you. Then please leave our council ring, remaining silent. Good Night.

## WEBELOS

### *Citizen*

#### Information Every Citizen Should Know

Who Succeeds the President? Everyone knows that in the case of the death of the President, the vice-president would take over the presidency. However, what happens if the vice-president also dies?

Congress dealt with this issue in the 1940's and decided that the following people should take over the Presidency in the order given:

President

Vice-President

Speaker of the House of Representatives

President pro tempore of the Senate

Secretary of State

Secretary of Treasury

Secretary of Defense

Attorney General

Postmaster General

Secretary of the Interior

Secretary of Agriculture

Secretary of Commerce

Secretary of Labor

This succession was established by an Act of Congress on July 18, 1947.

## MISCELLANEOUS ACTIVITY IDEAS

### **BIKE RODEO**

Sponsoring this event will enable your families to see what we mean by Fun With A Purpose. A Bike Rodeo provides fun for your Cubs and families and also advancement opportunities while the boys are learning how to safely ride and take care of their bikes.

There are places that can be called that can help you with suggestions or information on having a Bike Rodeo as part of your pack program. As a stand alone event this will cover Wolf Achievement 9D and can support 9C. For Bears it would be Achievement 14. Webelos can join in the fun and also work on earning the Sportsman and Readyman Activity Badges. In researching resources for this topic besides powwow books I offer a few other resources:

Cub Leader How-To Bike  
Cub Scout Leader Book, 12-5 & 12-6  
Wolf, Bear and Webelos Book  
Sports & Academics Pamphlet on Bicycling.

Call your insurance company to check if they have information on Bike Safety and Rodeos. Check with your local police department to find if they have speakers or officers who patrol on bike that can help. If your city has bicycle clubs or even bicycle shops check with them or another community organization like the Kiwanis Club. Another place to find information could be from your pediatrician or Children's Hospital. Call your State Department of Transportation.

Finding the equipment to set up the Rodeo course can be handled a few ways. Your local sports organization or highway department might provide orange cones for an obstacle event. If you are lining bike lanes again check with them for the lining equipment they use for games. This is an excellent time to introduce Bike Safety Helmets to all who participate, if they are not using them. Check with your local discount stores to see if you can get a reduction in cost of the helmets or perhaps some donated to those who don't have the money. Setting this up requires a lot of phone calls. Ask one of your parents to help with this responsibility.

### **How To Grade Course**

#### **Braking Area**

Stop without skidding?  
Pedal continuously?  
Stop before next cone?

#### **Steering**

Stay on course?  
(1 wheel touches line, wheel is over line, or wheel touches cone)

#### **Intersection**

Look both ways?  
Obey traffic light?  
Signal for turn.  
Obey stop sign?

#### **Riding the spiral**

Foot touches the ground before "X"?

## Stop Sign and Traffic Light For Bike Safety (Rally) Course

The course judge needs to be able to move the traffic signal to show either the red light or the green light. Therefore the light must be lightweight.

**Suggestion:** Make the base from a tall, empty box. Place the "traffic light" on a tomato stake or similar size stick. Insert it into the large box. It helps to wad up newspapers and stuff these into the box so that the stick will remain upright. Secure it with duct tape.

The stop sign is merely made of red posterboard, attached to a stake, and placed in a bucket or similar container.

### Events

- ⊛ Safety Inspection--  
Help Cubs go over inspection form  
Equipment: Forms, pencils, tools, oil.
- ⊛ Safety Quiz  
Give quiz, review answers  
Equipment: Quizzes, pencils, supportive posters
- ⊛ Bike Rally Course  
Judge Cub's skill, direct/control course.  
Equipment: About 25 cones, barricade tape, colored adhesive, tape, score cards.
- ⊛ Races and Games  
Conduct Coasting Race & Snail Race within dens; Marble Relay as dens against dens.  
Equipment: Chalk, tape for start and finish lines, marbles, cans, score cards.

Suggestion: Conduct bike rally in "round robin" fashion. Have volunteer parents as captains of "stations", den leaders stay with their dens.

Have an area set for braking skills having flags set along side the area as markers.. Skills to include pedaling at a comfortable speed until the whistle blow. Then stop without skidding. Another would be for the instructor to blow whistle when rider is even with any flag. Rider should stop before the next flag.

### Bicycle Games

#### Snail Race

The object of this race is to see which rider can travel slowest, and that's quite a feat in cycling! The last rider to cross the finish line is the winner.

#### Coasting Race

The object of this race is to see which rider can coast the longest distance. Each rider pedals as hard as possible for a set distance (at least 15 feet or two strokes of pedals) to a starting line and then must stop pedaling. Mark the spot where a rider's foot touches the ground. The next rider tries to beat that mark. Mark (chalk) the spot with the initials of the Cub. If you need a run-off (over the end line) then repeat with only one stroke of the pedals.

## Bike Inspection

	O.K.	Needs Attention	Explanation
Tires			
Tire Valves			
Spokes			
Wheels			
Coaster Brake			
Front Brake			
Rear Brake			
Handle Bars			
Handle Grips or Tape			
Pedals			
Chain			
Reflectors			
Saddle			

## Program Resources for Cub Scout Leaders

- Bear Cub Scout Book
- BSA Family Book
- Cub Scout Fun Book
- Cub Scout Leader Book
- Cub Scout Leader How-To Book
- Cub Scout Magic Book
- Cub Scout Songbook
- Den Chief Handbook
- Group Meeting Sparklers
- Guide to Safe Scouting
- Insignia Guide
- Cub Scout Den Leader Fast Start (video)
- Cub Scout Program Helps
- Staging Den and Pack Ceremonies
- Wolf Cub Scout Book
- Webelos Den Leader Book
- Webelos Scout Book

Many of which are available free from your Pack Library. For an even larger list of resources, see the Cub Scout Leader Book.

# DEN Survey

**(Parents please help each boy fill this out, your input is also requested.)**

*Please use the back or an additional piece of paper if needed.*

1. Since joining Cub Scouts, what scouting activities have you enjoyed the **Most**?

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2. Since joining Cub Scouts, what scouting activities have you enjoyed the **Least**?

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3. What activities and electives would you like to do between now and June?

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4. Do you have any other suggestions or comments for the Den or the Pack as a whole?

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# Outings and Field Trips

"Outing" is a big part of Scouting. Cub Scouts get out and about with many kinds of outdoor fun, such as field trips, hikes, nature and conservation activities, and outdoor games.

## Field Trips

Do you like to visit museums, businesses, parks, and other fun and interesting places? Here are some field trips you might go on.

- **How Things Are Made**—Visit manufacturing plants such as aircraft, automotive, appliance, or electronic firms; chemical, paper, plastic, paint, furniture, or toy plants; and handicrafts or other small-craft industries.
- **How Your City Runs**—Visit power, water, and sewage plants; a gas company; police and fire stations; city hall; municipal buildings; the county jail; a telephone company; the post office; the Red Cross; hospitals; newspaper plants; and radio, television, and weather stations.
- **How Your City Is Fed**—Visit farms, flour mills, and bakeries; food canning or bottling plants; stockyards and meat or poultry packing houses; a fish hatchery; beverage, candy, and ice-cream companies; markets; and food distributors.
- **Learn About Your Heritage**—Visit art galleries, museums, and memorials; famous old homes, monuments, and other historic sites; places of worship; civic centers; important local buildings; summer theaters and band concerts; and local historical celebrations.

Field trips often tie in with the monthly theme or activity badge, to show you firsthand the things you've been learning about.

## "Go See It"

The Tiger Cub program is based on "Search, Discover, Share." Tiger Cubs and their adult partners go on a Go See It outing every month. The Go See It may meet part of a Tiger Cub advancement requirement.

By going on these outings, Tiger Cubs learn about their community, places where adults work, community services (fire, police, hospital, etc.), nature centers, animal care centers, and other interesting places. A Go See It is a great way to learn new things, learn to understand and respect other people, become better citizens, and have fun.

## Hikes

A hike is a journey on foot, usually with a purpose, a route, and a destination. Tiger Cub and Cub Scout dens take short hikes, and Webelos dens work on activity badges during their hikes.

Here are some different types of hikes your den may take.

- **Homes Hike**—Look for spider webs, nests, holes, and other homes in nature. Make a list.
- **Stop, Look, and Listen Hike**—Hike for a certain length of time or for a certain number of steps. Then stop and write down all that you see and hear. Make several stops.
- **Puddle Hike**—Hike in a gentle rain or just after a rain, wearing your rain gear. See how animals and insects take cover from the weather.
- **Penny Hike**—Flip a coin to see which direction you will go. Flip the coin at each intersection or fork in the road or trail.
- **Color Hike**—Look for objects of a certain color. Make a list.
- **Historical Hike**—Hike to an historical spot. Know the history before you go.
- **City Hike**—Look for little bits of nature between cracks in the sidewalk. Look at the buildings for architectural details (carvings, cornices, etc.). Your den leader will help you spot these. Look for nature in a vacant lot. Even one overturned rock can uncover surprises.

## Games and Sports

Outdoor games and sports teach you the skills of good sportsmanship—following the rules, taking turns and sharing, getting along with others, and fair play. Every Cub Scout can have the chance to learn the basic skills of a sport or game. Playing and doing your best and having fun are more important than winning!

## Games

**Float the Boat**- There must be a minimum of 5 team players involved. This is a relay race with a container of water. The goal is to stand one arms length apart and hand off cup fulls of water to your team mates. The last person in line will dump the water in a bucket. Within the bucket will be a boat with a mast. The mast will have marks indicating points. As the water fills the bucket the boat will rise. After 60 seconds, points will be determined by the height of the mast above the rim of the bucket.

**Life Ring Toss** - There must be 5 team players involved. From a predetermined distance, team players will get one toss. They will toss a life ring towards an Oscar (training dummy). Points shall be awarded for a ringer, leaner and being within 3 feet.

**Create a Reef** - There must be 5 team players involved. We have a water balloon sling shot. The object of the game is to fire the water balloons at a boat in the field. Points will be awarded for hitting the boat and being within a measured area. Everyone will have one practice shot. Misfires will be done over.

**Boarding Team** - This is a timed event and must have 5 team players. The object is for the five team players to stand on the boards, hold onto the rope and walk, cross country ski style down the field to a marked off area. The three fastest teams will be awarded points.

**Crow's Nest Toss** - Up to 10 team players may participate. The object of this game is to toss as many tennis balls into a bucket sitting on a pole at approximately 15 feet off the ground. (sounds easy doesn't it, well it's not) Points will be awarded in accordance with the number of balls that make it into the bucket (and stay) within 60 seconds.

# Citizenship Rating Sheet

I will try to rate myself fairly on each of the following traits of good citizenship.

I will try to improve myself so that on future ratings I can honestly give myself a higher score.

Name \_\_\_\_\_ signature \_\_\_\_\_

**Rating scale: 5 = very good, 4 = good, 3 = fair, 2 = poor, 1 = very poor**

1. I am honest, even in little things.
2. I am courteous, loyal and kind to my parents, other family members and teacher.
3. I try to show good sportsmanship.
4. My parents and friends can trust me to do what I say I will do.
5. I work and play cheerfully with others.
6. I always keep my promise.
7. I take good care of my own things and things that do not belong to me, such as school books, school property, etc.
8. I do my best to keep the Cub Scout Promise all the time.
9. I always clean up any mess I make no mater where I am.
10. I am always considerate of other people.

## November Pack Meeting Opening

### "Flag Folding Ceremony" In remembrance of Veterans Day

This flag folding ceremony represents some of the original religious principles, on which, our country was founded. The blue field of the flag reminds us of the heavens from which we came that we are "One Nation under God." Contained in the heavens are the stars, representing each state within our Union. The white stripes remind us to live with honor. The red strips remind us that freedom is not free, but was paid for with the blood of our veterans.

**1<sup>st</sup> Fold** - The first fold is a symbol of life.

**2<sup>nd</sup> Fold** - The second fold is a symbol of our belief in the eternal life.

**3<sup>rd</sup> Fold** - The third fold is made in honor and remembrance of the veteran, departing our ranks, who gave a portion of life for the defense of our country.

**4<sup>th</sup> Fold** - The fourth fold represents our trust in God, for as American citizens, it is to Him we turn in times of peace as well as in times of war, for His divine guidance.

**5<sup>th</sup> Fold** - The fifth fold is a tribute to our country. In the words of Stephen Decatur, "Our country, in dealing with other countries, may she be always be right; but it is still our country, right or wrong."

**6<sup>th</sup> Fold** - The sixth fold is where our hearts lie. It is with our heart that we "Pledge Allegiance to the Flag of the United States of the United States of America, and to the republic for which it stands, one nation, under God, indivisible, with Liberty and Justice for all."

**7<sup>th</sup> Fold** - The seventh fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our Country and our Flag against all enemies foreign and domestic.

**8<sup>th</sup> Fold** - The eighth fold is a tribute to the One who entered into the valley of the shadow of death, that we might see the light of day.

**9<sup>th</sup> Fold** - The ninth fold is a tribute to mother; for it has been through her faith, love, loyalty and devotion that the character of the men and women who have made this country great, have been molded.

**10<sup>th</sup> Fold** - The tenth fold is a tribute to father, for he too, has given his sons and daughters for the defense of our country.

**11<sup>th</sup> Fold** - The eleventh fold, in the eyes of a Hebrew citizen, represents the lower portion of the seal of King David and King Solomon, and glorifies the God of Abraham, Isaac, and Jacob.

**12<sup>th</sup> Fold** - The twelfth fold, in the eyes of a Christian citizen, represents the emblem of eternity and glorifies God the Father, the Son, and Holy Ghost.

**13<sup>th</sup> Fold** - With the thirteenth fold, the flag is completely folded and the stars are uppermost, reminding us of our national motto, "In God we trust."

Completely folded and tucked in, the flag takes on the appearance of a cooked hat. This reminds us of the soldiers who served under General George Washington and the sailors and marines who served under Captain John Paul Jones. They were followed by their comrades and shipmates in the Armed Forces of the United States. Preserving for us the rights, privileges, and freedoms we enjoy today. Please stand with me and proudly pledge allegiance to the Flag of the United States of America.

Veterans Day Remembrance  
Opening Ceremony

- (scout 1) It is the U.S. soldier and sailor, *(US Army Outfit)*  
not the reporter,  
who has given us freedom of the press.
- (scout 2) It is the U.S. soldier and sailor, *(US Navy Outfit)*  
not the poet,  
who has given us freedom of speech.
- (scout 3) It is the U.S. soldier and sailor, *(US Marines Outfit)*  
not the campus organizer,  
who has given us the freedom to demonstrate.
- (scout 4) It is the U.S. soldier and sailor, *(US Air Force Outfit)*  
not the lawyer,  
who has given us the right to a fair trial.
- (scout5) It is the U.S. soldier and sailor, *(US Coast Guard Outfit)*  
who willingly follows the Flag,  
who proudly salutes the Flag,  
who honorably serves under the Flag,  
who allows the protester to burn the Flag,  
whose coffin is ultimately draped by the Flag.
- (scout5) Please stand and join me in reading the American  
Creed.

## THE AMERICAN CREED

**"I believe in the United States of America as a Government of the people, by the people, for the people, whose just powers are derived from the consent of the governed; a democracy in a Republic; a sovereign Nation of many sovereign States; a perfect Union one - and inseparable; established upon those principles of freedom, equality, justice, and humanity for which American patriots sacrificed their lives and fortunes. I therefore believe it is my duty to my Country to love it; to support its Constitution; to obey its laws; to respect its Flag, and to defend it against all enemies."**

*Historical Notes:* The American's Creed was a result of a nationwide contest for writing a National Creed, which would be a brief summary of the American political faith founded upon things fundamental in American history and tradition. The contest was the idea of Henry Sterling Chapin, Commissioner of Education of New York State. Over three thousand entries were received, and William Tyler Page was declared to be the winner. James H. Preston, the mayor of Baltimore, presented an award to Page in the House of Representatives Office Building on April 3, 1918. The Speaker of the House of Representatives and the commissioner of education of the state of New York accepted the Creed for the United States, and the proceedings relating to the award were printed in the Congressional Record of April 13, 1918. It was a time when patriotic sentiments were high. The United States had been a participant in World War I only a little over a year at the time the Creed was adopted.

The author of the American's Creed, William Tyler Page, was a descendant of John Page, who had come to America in 1650 and had settled in Williamsburg, Virginia. Another ancestor, Carter Braxton, had signed the Declaration of Independence. Still another ancestor, John Tyler, was the tenth president of the United States. William Tyler Page had come to Washington at the age of thirteen to serve as a Capitol Page. Later he became an employee of the Capitol building and served in that capacity for almost sixty-one years. In 1919 he was elected clerk of the House. Thirteen years later, when the Democrats again became a majority party, they created for Page the office of minority clerk of the House of Representatives. He held this position for the remainder of his life.

Referring to the Creed, Page said: "It is the summary of the fundamental principles of the American political faith as set forth in its greatest documents, its worthiest traditions, and its greatest leaders." His wording of the Creed used passages and phrases from the Declaration of Independence, the Preamble to the Constitution, Lincoln's Gettysburg Address, and Daniel Webster's reply to Robert Y. Hayne in the Senate in 1830.

1. This picture contains many things. This picture was begun on July 4, 1776, but it is not yet completed.
2. This picture is of, over 275 million living souls and the ghosts of the millions that have died to keep these living souls free.
3. This picture has in it the sprit of Nathan Hale and Paul Revere. It has in it, parts of Washington, Jefferson, and Patrick Henry. It shows the sprit of John Paul Jones, The green Mountain boys, and Davy Crockett. It shows the conviction of Generals Lee and Grant, and Presidents like Washington, Lincoln, Truman, and Reagan.
4. This picture shows scenes of the spirit of the Alamo, the Maine, and Pearl Harbor. It is a picture of the Heroic dead on the beach of Normandy, on the bleak slopes of Korea, in Vietnam.
5. This is a picture of the Brooklyn Bridge, the wheat lands of Kansas, and the granite hills of Vermont. It shows the coal mines of Virginia and Kentucky, the fertile lands of the West, the Golden gate and the Grand Canyon. In its middle is Independence Hall.
6. This picture covers a big area from the Atlantic to the Pacific; over three million square miles of throbbing industry, five million farms, forest, fields, mountains and desert, the quiet towns, and the cities that never sleep.
7. This picture shows Babe Ruth and the World Series, 169 thousand schools and colleges, 250 thousand churches and synagogues where people worship God as they think best. This picture radiates the roar of a crowd in a stadium and the voice of a choir.
8. It shows man's conquest. Portraits of Eli Whitney, Thomas Edison, Albert Einstein, Baden Powell, and James E. West. Each of us on stage, each of you here tonight.
9. Yes, this picture contains all of these things, BUT it is not yet finished. God willing, through our service to our community and nation, we will continue to add many wonderful parts to its texture.

(#1) Planted firmly on the high pinnacle of American faith, our Flags gently fluttering folds have proved an inspiration to untold millions. Men have followed it into battle with unwavering courage. They have looked upon it as a symbol of national unity. They have prayed that they and their fellow citizens might continue to enjoy life, liberty and the pursuit of happiness. So long as men love liberty more than life itself; so long as they treasure the priceless privileges brought with the blood of our forefathers; so long as the principles of truth, justice, and charity for all, remain deeply rooted in human hearts, THIS Flag shall continue to be the enduring banner of the United States of America!

(#2) Here it is folks, a picture of the United States, Our Flag. Our Flag is THE symbol of liberty, and the emblem of freedom. Our Flag, undaunted, unsullied and unafraid in the world today. The symbol of all Americans!

(#3) But I must ask, "What kind of Americans are we?" Are we Americans because it is comfortable to be so, so complacently ... free? Willing to let the other guy decide what is best for you and me? Or, Are we stand-up Americans? Deep down in your heart, is there a burning-true appreciation for the Patriots of Valley Forge, Bunker Hill, and Yorktown?

Do you have the intestinal fortitude and backbone of our early Americans who, in the last line of our Declaration of Independence said, "And to support this Declaration with a firm reliance on the protection of Divine Providence, we mutually pledge to one another our lives, our fortunes, and our sacred honor." ?

Now, please stand strong, and together, with a heart full of pride and recite "The Pledge of Allegiance to our Flag."

"SCOUT SALUTE!"

"I pledge allegiance to the Flag of the United States ....."

(upon conclusion) "TWO" (then drop your salute)